

Is Your Special Child Ready to do TOILET TRAINING ?

Physical Readiness

1. Able to walk without support
2. Can keep his balance while sitting on the toilet bowl
3. Can sit with or without support
4. Dry for at least 1-2 hours at daytime
5. Stays dry throughout the night

Psychological Readiness

1. Able to understand simple instructions
2. Shows in his face that he needs to pee or poop
3. Can control his urge when you tell him, even partially
4. Knows the difference between wet and dry
5. Asks to be changed when wet or soiled or tries to get a clean diaper by himself
6. Able to dress and undress himself, even partially
7. Knows when he needs to go to the bathroom or make sounds that he is pushing
8. No added stress in the home like birth of a sibling or loss of a parent or both